

Test Prep for Axial and Appendicular Exam

Type of Fractures:

Greenstick
Stress
Spiral
Comminuted (compound)

Parts of a long bone:

epiphysis
periosteum
Diaphysis
articular cartilage

What is the first step to heal a fracture?

Recall the material from the Axial Practical

Bones of the wrist and hand

Bones of the ankle and foot

Abnormal curvature of the spine:

Kyphosis
Lordosis
Scoliosis

Types of joints:

Hinge
Ball and socket
Saddle
Gliding
Suture

Know the difference between:

Flexion
Extension
Abduction
Adduction
Dorsi flexion
Plantar flexion
Circumduction
Rotation